

# UCSB CHEERLEADING

## TRYOUT INFO PACKET/APPLICATION

Welcome to the University of California, Santa Barbara, and thank you for your interest in the UCSB Cheerleading program. We hope that the tryout process is fun and challenging, and we encourage you to read all of the information contained in this packet. Please note all of the dates, deadlines, times, and locations.

IN ORDER TO BE ELIGIBLE FOR THE UNIVERSITY OF CALIFORNIA, SANTA BARBARA CHEER PROGRAM YOU NEED TO BE A CURRENT FULL TIME STUDENT AT UCSB. (If you have been recently admitted to UCSB, please attach a copy of your acceptance letter).

\*\*Please print and complete the tryout application attached with a headshot and turn it in during registration on Saturday, May 4th.

### **Tryout Checklist**

1. Tryout Application
2. Headshot of yourself
3. \$ 30.00 Tryout Fee (we do not accept venmo)
4. **Signed** Waiver of Liability
5. In the event that you make the squad, please be prepared with a payment of \$500 (cash or check only) at the end of tryouts for your apparel costs.

**GOOD LUCK DURING TRYOUTS!**

# TRYOUT INFORMATION

## **TRYOUT ELIGIBILITY:**

All candidates must either be a:

1. CURRENT UCSB STUDENT
2. CURRENT HIGH SCHOOL SENIOR OR TRANSFER STUDENT  
(Candidates who have been accepted to UCSB) – Proof of admittance must be attached.

NO INFORMATION REGARDING A CANDIDATE'S ELIGIBILITY WILL BE RELEASED TO ANY PARTY WITHOUT THE WRITTEN CONSENT OF THE RESPECTIVE CANDIDATE.

## **TRYOUT DATES, TIMES, AND LOCATIONS:**

### **Friday, May 3rd :**

Information Meeting: 7-8pm || Location: TBA

### **Saturday, May 4th :**

Registration: 2:30-3pm || Location: Rob Gym Gymnastics Room

Tryouts: 3-7pm || Location: Rob Gym Gymnastics Room

### **Sunday, May 5th :**

Callback Tryouts: 10am-2pm || Location: Rob Gym Gymnastics Room

\*\*Be prepared to return to Rob Gym at 4pm if you make the team for a meet and greet, info session, and uniform fittings.

## **STUNTING:**

- Recommendations: Cupies, liberties, full ups, 1 1/2s, switch ups, low to high ticks, high to high ticks, full downs, double downs, inversions, rewinds, etc.
- Flyers must be able to execute body positions in the air. Regular heel stretch, arabesque, and scale are required. Opposite heel stretch, bow and arrow, and scorpion/needle are recommended.

**TUMBLING:**

**Recommendations:**

- Standing Back Handspring (HIGHLY RECOMMENDED)
- Standing Tuck (RECOMMENDED)
- Toe touch Handspring (HIGHLY RECOMMENDED)
- Toe touch to Tuck/Layout/Full (SUGGESTED)
- Round off, Back handspring (HIGHLY RECOMMENDED )
- Round off, Back handspring to Tuck/Layout/Full (SUGGESTED)
- One optional standing/running tumbling pass may be used.

\*\*Please note, if an athlete lacks ability in one area of the tryout process, he/she can make up for it by being exceptional in another area. The program will not only be picked on skills and talent, but also on attitude and personality.

**ADDITIONAL TRYOUT INFO:**

- Be prepared to perform jumps, a dance, and a cheer.
- The dance and cheer will be posted on our Facebook Tryout Event Page prior to tryouts to learn in advance. Both will be reviewed at tryouts.

\*\*Sunday, May 5th's tryouts are callbacks only. A list of those invited back to the second day of tryouts will be posted on our Facebook Event Page on Saturday night.

**TRYOUT ATTIRE:**

- **WHITE** T-shirt or tank top, black spandex or workout shorts, sports bra, cheer shoes, hair down (straightened or curled), and gameday ready makeup (with red lipstick).
- All potential cheerleaders are expected to portray a collegiate image when trying out for UCSB cheer. Body piercings and jewelry of any kind as well as extreme hair styles and/or colors are not acceptable at tryouts or during the year as a UCSB cheerleader. All cheer candidates must remove all piercings and other jewelry prior to arrival at tryouts.

### **GENERAL POLICIES:**

- A SQUAD MEMBER NOT ADHERING TO THE SET RULES AND REGULATIONS IN THE CONSTITUTION WILL BE IMMEDIATELY DISMISSED FROM THE CHEER TEAM.
- Behavior and attendance of practice, games, and promotions will all be determining factors in choosing who will go to the Big West Conference/NCAA Basketball Tournament when cheerleaders are requested to be at any tournaments.

**\*\*\*In the event that you make the team, please be prepared with a payment of \$500 (cash or check made out to UCSB CHEERLEADING) on Sunday, May 5th when you return to Rob Gym. We do NOT accept venmo. This payment will cover the majority of uniform/apparel costs.**

# UCSB Cheerleading Application 2019-2020

Name: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_

School Currently Attending: \_\_\_\_\_

Current Year in School: HS-SR FR SO JR SR GRAD

Expected Graduation Date: \_\_\_\_\_ (month & year)

Cumulative GPA: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

In case of an emergency, please notify:

Name: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_

Medical Insurance Company: \_\_\_\_\_

Policy #: \_\_\_\_\_

Group #: \_\_\_\_\_

Social Media Account Info:

(must accept captains' requests to follow during tryout process)

Instagram: \_\_\_\_\_

Facebook: \_\_\_\_\_

Twitter: \_\_\_\_\_

How did you find out about tryouts?

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Cheerleading Experience:

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Please list all consistent standing and running tumbling skills on the following floors/mats:

1. spring floor:

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2. dead mat:

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3. basketball court:

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Please list all abilities as a flyer/base/backspot:

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List any and all major health injuries and/or health problems:

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Why do you want to be a part of the UCSB Cheerleading Team?

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# **UCSB CHEERLEADING**

I have read and understood all of the requirements and regulations regarding the University of California, Santa Barbara Cheerleading tryouts and I agree to abide by them. I also agree to abide by the decisions of any judges involved in the tryout process, as well as the decisions of the UCSB Coaching Staff. The decisions of the UCSB Cheerleading Coaching Staff are final and cannot be disputed. I understand my responsibility regarding the time commitment and the financial obligation required. The answers on this application are true to the best of my knowledge. I hereby waive the University of California Santa Barbara, the Trustees of UCSB, the UCSB Athletic Department, the UCSB Department of Recreation, the UCSB Office of Student Life, the UCSB Cheer Program, the UCSB Cheer coach/captains, and any judges, interviewers and tryout assistants of any responsibility or liability in the event of any injury suffered during the University of California, Santa Barbara Cheerleading tryouts.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

IF UNDER THE AGE OF 18 YEARS OLD AT THE DATE STATED ABOVE, A PARENT OR LEGAL GUARDIAN'S SIGNATURE IS REQUIRED:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# **UCSB CHEERLEADING**

As a member of the UCSB Cheer Squad:

- All squad members will cheer for Men's Soccer and Men's and Women's Basketball. Squad member will also be required to attend University sanctioned fundraisers and other special engagements scheduled by the UCSB Athletic Department or UCSB Department of Recreation.
- The number of candidates chosen will be determined by the natural break in the scores from tryouts.
- Only 20 team members for small coed will be selected for the competition squad. Those not competing, will still cheer at all games, perform at all exhibitions, and compete at all competitions allowing more than 20 competitors. A maximum of four alternates will be chosen to travel with the competition squad.

I have read and understood all that is contained in this tryout packet for the 2019-2020 cheerleading season.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_